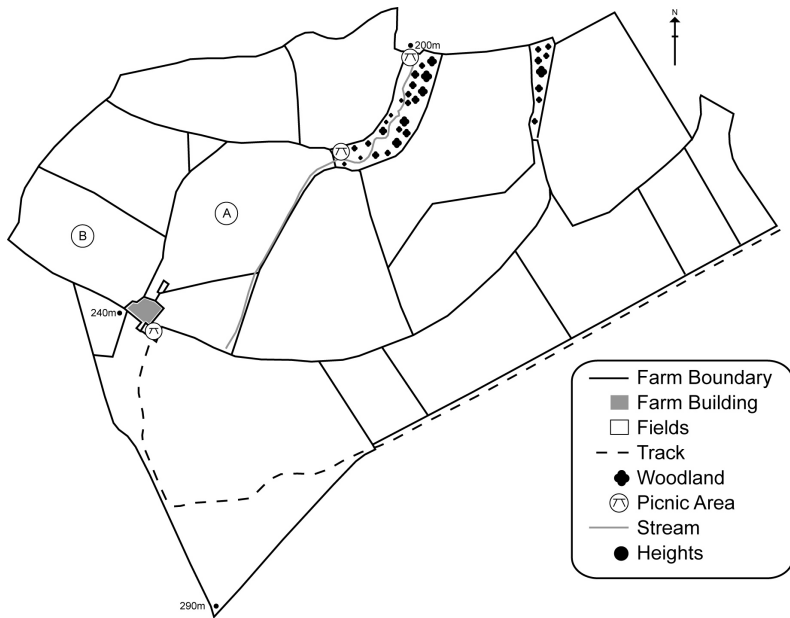


**Hay meadow and hay time facts**

- Hay – a mixture of flowering plants and grasses is grown to provide winter animal feed.
- Hay meadows are one of the rarest habitats in the UK.
- A single hay meadow may have 100 different kinds of plant in it, and supports many birds, insects and mammals.
- Hay meadows are fewer now as modern farming has ploughed, re-seeded and fertilised them.
- Hay making meant that early communities could survive throughout the winter. Important battles were even delayed to let hay making take place.
- Before mechanised farming hay making was a big job and often farmers helped each other to get the hay in.



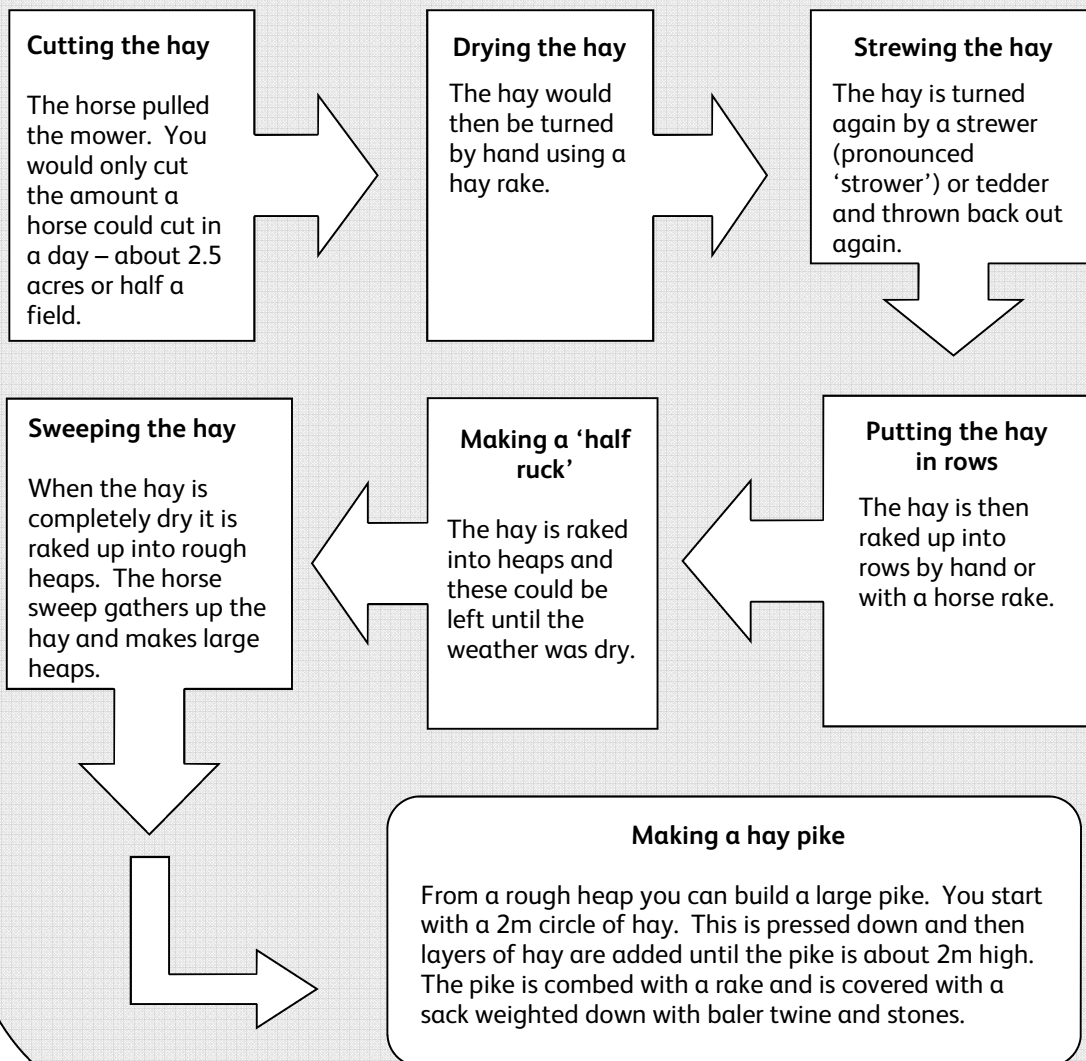
Not to scale

**1. Hay Meadows—a wildlife habitat**

Habitat	Plants found	Insects found
<b>WOODLAND</b>		
Total Number		
<b>HAY MEADOW</b>		
Total Number		

## 2. Making a hay pike

Before machines were used on farms (before the 1960s), hay making was done using horses and by hand. The process of hay making below comes from a description from a farm in Weardale in the 1950s.



## 3. Celebrating hay time

The workers stayed in the fields all day during hay time and refreshments were brought to them. Celebrate building your hay pike with some typical refreshments. The recipes for your refreshments are below:

### Spice cake

#### Ingredients

1.5 lbs plain flour	0.5lb sugar
1lb currants	4 oz mixed peel
10oz butter	1 pint milk
0.5 lb raisins	0.5 tsp mixed spice
0.5 tsp bicarbonate of soda	

#### Method

Beat the fat and sugar together, add the dry ingredients and mix with the milk. Turn into a lined, greased loaf tin. Bake in a moderate oven for 2 hours. Turn out on a wire rack to cool.

### Elderflower Champagne

#### Ingredients

8 litres water  
1.25kg sugar  
8 elderflower heads  
4 lemons  
4 tablespoons white wine vinegar

#### Method

Dissolve the sugar in the water  
Add the elderflowers, the lemons (squeezed) and the vinegar  
Leave for 24 hours  
Strain through a sieve and muslin cloth  
Bottle the juice