



# Eye-Spy, Stonefly!

Stonefly live in very fast flowing water where they like to shelter from the current by staying near to rocks and large stones.  
The largest species of stonefly can be as big as 35mm long



Larva moult as they grow, shedding their dark outer skin. The photo to the left shows a recently moulted younger Stonefly with a darker one ready to moult beside it.



The photo below shows a nymphal 'shuck' left on a riverside stone as the Stonefly begins life out of water as an adult.



Dinocras cephalotes  
Actual size

